

Toxic Marine Organisms in Mauritius



Photo: courtesy J.Randall
Croissant queue jaune
Variola louti

*The *Variola louti* (*Croissant queue jaune*) is not toxic if it weighs less than 2.6 kg when gutted and has been fished on an oceanic bank. The *Variola louti* (*Croissant queue jaune*) is not toxic if it weighs less than 1.3 kg when gutted and has been fished in the territorial waters of Mauritius.



Vieille babonne
Plectropomus maculatus

*The *Plectropomus maculatus* (*vieille babonne*) is not toxic if it weighs less than 2.6 kg when gutted and has been fished on an oceanic bank.



Photo: courtesy P. Opic
Carangue
 Family Carangidae (from banks)

*Carangues fished in the territorial waters of Mauritius are not toxic. Only carangues fished on the oceanic banks are toxic.

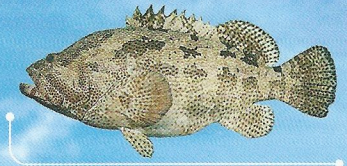


Photo: courtesy J.Randall
Vieille loutre
Epinephelus fuscoguttatus



Photo: courtesy J.Randall
Chemise
Lutjanus gibbus



Photo: courtesy J.Randall
Vieille cuisinier
Cephalopholis argus



Photo: courtesy J.Randall
Vieille plate
Epinephelus areolatus



Photo: courtesy J.Randall
Bourgeois
Lutjanus sebae

*The *Bourgeois* (*Lutjanus sebae*) shall not be deemed to be toxic fish where it has been fished in the Exclusive Economic Zone of Seychelles.



Photo: courtesy J.Randall
Giblot
Lutjanus monostigmus



Photo: courtesy J.Randall
Varavara
Lutjanus bohar



Photo: courtesy J.Randall
Cheval de bois
Anyperodon leucogrammicus



Grosse sardine
Harengula ovalis



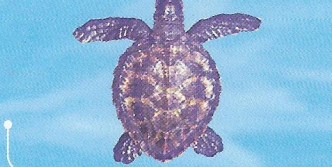
Barracuda/Thazar
Sphyraena barracuda



Coffre
Lactoria cornuta



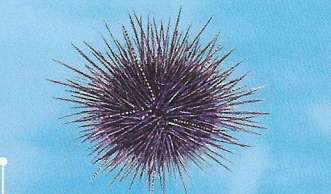
Crabe onze taches
Carpilius maculatus



Tortue caret
Eretmochelys imbricata



Laffe
Synanceia verrucosa



Oursin
Echinothrix sp



Photo: courtesy J.Randall
Boule tangué
Diodon hystrix

List of toxic marine animals in Mauritius

Cheval de bois (*Anyperodon leucogrammicus*)

Vieille plate (*Epinephelus areolatus*)

**Croissant queue jaune* (*Variola louti*)

Varavara (*Lutjanus bohar*)

Giblot (*Lutjanus monostigmus*)

Barracuda/Thazar (*Sphyraena barracuda*)

Pilote du requin (*Remora remora*)

Benitier (*Tridacna sp*)

Crabe onze taches (*Carpilius maculatus*)

Laffe (*Synanceia verrucosa*)

Tortue caret (*Eretmochelys imbricata*)

Vieille cuisinier (*Cephalopholis argus*)

Vieille loutre (*Epinephelus fuscoguttatus*)

**Vieille babonne* (*Plectropomus maculatus*)

Chemise (*Lutjanus gibbus*)

**Bourgeois* (*Lutjanus sebae*)

Coffre (*Lactoria cornuta*)

**Carangue* (Family Carangidae) (from banks)

Grosse sardine (*Harengula ovalis*)

Oursin (*Echinothrix sp*)

Boule tangué (*Diodon hystrix*)



Benitier
Tridacna sp



Photo: courtesy P. Bearez
Pilote du requin
Remora remora

Fisheries and Marine Resources Act of 2007
 Government Notice No 193 of 2004

Some of the common symptoms of ciguatera fish poisoning

- Tingling / numb feeling
- Nausea, vomiting, diarrhea
- Burning sensation of palms
- Muscle weakness
- Joint / muscle pain
- Itchiness

Remember Prevention is better than cure.

- So, avoid eating:
- fish locally known to be implicated in fish poisoning
 - head, roe, liver of any suspect fish