List of toxic marine animals in Mauritius

- Cheval de bois (Anoptheron leucographicus)
- Vielle place (Epinephelus areolatus)
- Croissant queue jaune (Variola louti)
- Vielle cuissard (Cephalopholis argus)
- Varaouara (Lutjanus bohar)
- Giblot (Lutjanus monostigma)
- Barracuda/Thazar (Sphyraena barracuda)
- Pilote du requin (Remora remora)
- Benitier (Tetracara sp)
- Crabe onze taches (Carpillius maculatus)
- Laffe (Synanceia verrucosa)
- Tortue caret (Eretmochelys imbricata)
- Veille loutre (Epinephelus fuscoguttatus)
- Vielle cuissard (Cephalopholis argus)
- Vielle loutre (Epinephelus fuscoguttatus)
- Vielle cuissard (Cephalopholis argus)
- Vielle loutre (Epinephelus fuscoguttatus)
- Veille cuissard (Cephalopholis argus)
- Vielle loutre (Epinephelus fuscoguttatus)

Some of the common symptoms of ciguatera fish poisoning

- Tingling / numb feeling
- Burning sensation of palms
- Nausea, vomiting, diarrhea
- Muscle weakness
- Joint / muscle pain
- Itchiness

Remember
Prevention is better than cure.

- So, avoid eating:
  - fish locally known to be implicated in fish poisoning
  - head, roe, liver of any suspect fish

Ministry of Fisheries
Aubion Fisheries Research Centre
MAURITIUS

2nd edition 2013